











95th season: 1922-2016 • THE GOLD AND BLUE • LIVE LIGHTLY Winter Issue

It is remarkable that GBC has continued to thrive and grow for 95 seasons through the peaks and valleys of history. Why is this true? How did this happen?

In 1922, Mary S. Edgar knew exactly what she wanted to offer to the girls who came to GBC and earned the trust of parents to invest in their daughter's futures. She

spoke of health, friends, nature, spirit as cornerstones that could be enhanced to the hilt in the natural world.

Mary S. grew up in Sundridge and because her father was the MPP for many years, she met every visitor to the community, many from other lands and backgrounds giving



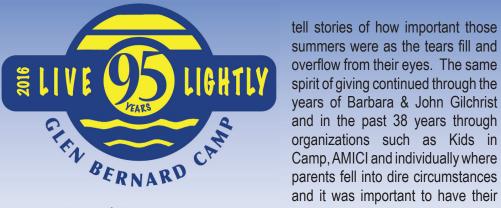
Mary S. Edgar circa 1930

her an appreciation and respect for a diverse group of people. Always in the historical photos of GBC, we note campers in native dress from Japan, China and many European countries.

The opportunities for campers to develop self-confidence and self-esteem are available in every minute of GBC. This is as true today as it was in 1922. We know that girls need these

feelings of self worth reinforced as they grow. In the 2015 KPMG Women's Leadership study it reports that "three quarters of women today wish they had learned more about leadership and had more leadership opportunities while growing up". Girls do need camp.

GBC campers and staff have always stepped forward to share camp with those who needed a boost. In 1940, Mary S. Edgar organized a group of GBC alumnae to offer a camp respite to girls from the UK to escape the bombs and horrible air raids from 1940-1945. The camp was called Shangri-la (as in Lost Horizon) located at the south end of the camp property. These children sang and played and swam and absorbed the beauty of the outdoors in every summer. I have been fortunate to have talked to some of these people who



campers continue their summer camp experience.

This 95th season offers GBC the chance to share the very unique opportunity to be exposed to the fascinating Canadian



Campers playing basketball circa 1940

outdoors. Canadians are stepping up to help. We are proud to be launching *Glen Bernard for Syria: A Canadian summer camp experience*. Through a program we've developed in cooperation with Lifeline Syria, 24 Syrian girls, 11-13 years of age, will each have a week at GBC. All of the costs are being provided by GBC and through the generosity of our camp community. Details are found at www.gbcamp.com

Mary S. offered us this wish in her poem by that name "A Wish":

May the trail that you follow go winding high, up and on to the rim of the sky.

I think she would be happy to see her wish is still in action on the shores of Lake Bernard and in every camp friend who sets out on life's trail with confidence and purpose. Joc Palm

SPOTLIGHT ON CAREER CONNECTIONS: HON. CAROLYN BENNETT, MP BY KIM GRAYDON



Carolyn's achievements are extensive. Her medical career as a family physician was peppered with leadership roles ranging from sitting on the Board of Women's College Hospital and the Ontario Medical Association

to serving as President of the Medical Staff Association of Women's College Hospital and

Assistant Professor in the Department of Family and Community Medicine at the University of Toronto.

She was first elected to the House of Commons in 1997 and was re elected 6 times after that. In 2003, in response to the SARS outbreak, she was appointed as the first ever Minster of State (Public Health). She went on to serve on many Standing Committees and up until her appointment as the Minister of Indigenous and Northern Affairs, was the Critic for Aboriginal Affairs. Upon her latest appointment, she earned the endorsement of Perry Bellegarde, national chief of the Assembly of First Nations. In a recent Macleans Magazine article.

of Carolyn he says: "She has the experience. She knows the files. She's been a very active and a very effective critic". The challenge in front of Carolyn is one she describes as "daunting" but "totally exhilarating". The Macleans article goes on to say "If anything, Bennett herself is even more sweeping in her ambition. "This file has to be in every minister's portfolio, but also not only every province, territory, and the mayors, but every Canadian".



GBCers will quickly Carolyn's recognize vision for the big picture, her ambition to succeed. serve Canadians and listen with a keen ear as qualities that shone through during her time at Glen Bernard Camp. We all salute her and offer our support in her important appointment as the Minister of Indigenous and Northern Affairs.

ALUMNI OPPORTUNITIES IN THE 95TH SEASON AT CAMP!



Return to camp to be a Bunny counsellor! Our two Bunny sessions are July 16-18 or August 7-9, 2016.



Get reacquainted with the natural world and take part in a canoe trip with GBC campers and staff! See our website for canoe trip dates.

Join us in Spring or Fall and roll up your sleeves in our Outdoor Education Program for school groups.

Do you have a particular expertise that our staff would benefit from in Pre Camp Training? We'd love to hear your ideas!

Do you have a special skill our campers would love to learn about? Come up in during one of our sessions!

Please get in touch with us at info@gbcamp.com if one of these opportunities is of special interest to you. Cheers!

ALUMNI CAMP 2015

The alumni campers descended on GBC on August 27th, 2015 with a level of enthusiasm that set the stage for the whole weekend.



Alumni flagraising - didn't miss a beat!



The Yellow team was victorious at the first ever Alumni Colour Relay.

It didn't take but a minute for each and every "camper" to fall back into the GBC way of life. Between the jungle, zipper, crafts, canoeing, sailing, swimming, Eskimo rolls, campfire, singing, nighttime Hoards and most notably the Alumni Colour Relay (yellow won by the way), their GBC spirit shone through! We concluded our amazing weekend with Vista where it was very clear the impact that camp has had on each of us. Thank you to all who attended. We loved welcoming you back home!



Sunday morning Vista was a highlight of the weekend



Alumni campers group shot!

95th season events **EUVE**

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FAMILY WEEKEND SEPT 9 - 11, 2016

This fabulous weekend is growing in popularity and we couldn't be happier! Join us on the shores of Lake Bernard with your family and celebrate 95 years of being under open skies!



A group shot upon departure. See you all soon!

Play together, sing together, laugh together and share a meal with Climb in the others. high ropes course. swim, kayak, canoe, get creative at crafts, bounce on the trampoline, aim for a bullseve! The possibilities are endless. Register online at www. gbcamp.com.



Arden Gulyas is all smiles getting ready to do the Leap of Faith!



Colin Crawford waves as he is about to jump!

WOMEN'S WEEKEND SEPT 16 - 18, 2016

Celebrate 95 years and take part in an incredible weekend with incredible women! GBC's Women's Weekend can be whatever you would like it to be. Jump into all the planned activities or relax, grab a book and put your feet up.



The talented Mary Addison instructs at art class.

Our beautiful camp and the fall colours make it the best setting to do either. Activities include: canoeing, kayaking, high ropes course, hiking, archery, swimming and low ropes just to name a few! Participants stay in comfortable cabins. The fee includes GBC activities, accommodation, meals and snacks. Join us! Register online at www.gbcamp.com

SAVE THE DATE: SUNDAY OCTOBER 23, 2016 LET'S CELEBRATE 95 YEARS OF GBC IN TORONTO! Stay tuned for event details!



2016 Calendar of Events

Period 1
Period 2
Alumni Canoe Trip
Period 3
Fall Family Weekend

Women's Weekend

• JUL 2 - JUL22 • JUL 24 - AUG 13

• TBD

• AUG 15 - AUG 28 • SEP 9 - SEP 11

• SEP 16 - SEP 18

TWO-WEEK SESSIONS (ages 8 - 11)
Period A • JUL 2 - JUL 15

Period C • JUL 24 - AUG 6

ONE-WEEK SESSIONS

Period B (ages 6 - 8)

Period D (ages 6 - 8)

Period E (ages 6 - 8)

• JUL 16 - JUL 22

• AUG 7 - AUG 13

• AUG 15 - AUG 21

Period F (ages 11 - 13) • AUG 22 - AUG 28

BUNNY CAMP (ages 4 - 6)

Bunny 1 • JUL 16 - JUL 18 Bunny 2 • AUG 7 - AUG 9 **SPECIALTY SESSIONS**

Canoe Trip 1
Canoe Trip 2
Canoe Trip 3

Canoe Trip 3
Young Keen Riders
Aquatic Leadership 1

Aquatic Leadership 2
Wilderness Canoe Trip

Theatre Program
Enviro Course

• AUG 7 - AUG 13 • JUL 16 - JUL 22 • JUL 24 - JUL 30

• JUL 16 - JUL 22

• JUL 24 - JUL 30

adership 2 • AUG 15 - AUG 21 • Canoe Trip • AUG 15 - AUG 28

gram • AUG 15 - AUG 28 • AUG 7 - AUG 28

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